



NOVEMBER 2020 - Menus 11/02-11/06

MENUS ARE SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T				
11-02 Blueberry Pancake Mini Bites - V Fresh Fruit Got Milk	11-03 Cinnamon Pan Dulce - V Fresh Fruit Got Milk	11-04 Morning Beef Sausage Sandwich Fresh Apple Slices Got Milk	11-05 Café LA Coffee Cake - V Banana Got Milk	11-06 Fiesta Bean & Cheese Burrito - V Fresh Apple Slices Got Milk
L U N C H				
11-02 Hot & Spicy Chicken Sandwich Golden Hash Brown Patties Paradise Punch Slush Got Milk	11-03 Pork Chop & Mashed Potatoes with Gravy Blueberry Muffin Applesauce Cup Got Milk	11-04 Deli Turkey & Cheese Sandwich Sun Chips Harvest Cheddar Celery sticks Frozen Strawberry Cup Got Milk	11-05 Manager's Choice Cornbread Cabbage & Kale Salad Sour Watermelon Cup Got Milk	11-06 Beef Teriyaki Dipper & Broccoli Bowl Strawberry Kiwi Fruit Slush Got Milk
S U P P E R				
11-02 Cheeseburger Sliders Baby Carrots Mixed Fruit Cup Got Milk	11-03 Cheese Quesadilla Salsa Cup Frozen Mixed Berry Pop Got Milk	11-04 Chicken Tenders and Tots Fresh Fruit Got Milk	11-05 WG Chesse Pizza Wedge Cherry Smooth Cup Mixed Fruit Cup Got Milk	11-06 Chicken Drumstick & Corn Crackers Fresh Fruit Got Milk

Posted Rev 11/02/20

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students **MUST** take at least 3 components as part of their lunch.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

Fresh Fruit – Fresh Fruit – Apple, Orange, Banana, Apple Slices **V**: Vegetarian Meals

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